

Suite 18 Level 4

St. George Private Hospital **1 South Street KOGARAH NSW 2217**

Fax: 9553 7670 Phone: 9553 7388

Dr N E Cunio Dr P J Robinson Dr A Prasan Dr R J Macauley Dr M Binnekamp

Dr D Ramsay Dr M Nallaratnam Dr R Lvoff Dr J Weaver

Dr R Ilsar Dr P F Barnaby

REQUEST FOR EXAMINATION

For consultation, please contact Cardiologist s rooms directly

Patient Name:	DOB:
Referring Doctor:	Provider #:
Address:	
Signature:	Date:
 ☐ Resting ECG ☐ 24 Hour Ambulatory ECG (Holter) ☐ Exercise Stress Echocardiogram ☐ Pacemaker Assessment 	 Exercise Stress ECG 2D Echocardiogram with Colour Doppler 24 Hour Ambulatory BP Monitor
CLINICAL NOTES	

PATIENT INSTRUCTIONS

EXERCISE ECG AND EXERCISE ECHOCARDIOGRAM

Please bring a list of your current medications.

A light meal is allowable at least 2 hours before the test.

Ladies: Bring a short-sleeved front-opening top with skirt or shorts, comfortable walking/running shoes and a towel.

Men: Bring shorts, comfortable walking/running shoes and a towel.

AMBULATORY ECG / BP MONITOR

Shower before your appointment as you will not be able to shower again until the monitor is removed 24 hours later. You are required to return at the same time the following day to have the monitor removed. Please wear a loose fitting top. Ladies, please wear a comfortable bra

2D ECHOCARDIOGRAM AND RESTING ECG

No preparation is required for these tests.

Your doctor has recommended that you use Southern Heart Centre. You may choose another provider but please discuss this with your doctor first.

